

Victoria Regional Women's Committee Meeting February 17 2016

In attendance: Julie Bussiere, Colleen Glrard, Virginia Valliancourt, Patricia Martin, Vanessa Miller, Lorna Thompson

Regrets: Kay Ahmadi, Brenda

Call to order 5:38

Motion from Julie Bussiere to accept the agendas presented. Seconded by Patricia Martin. All in Favour.

Minutes were reviewed by the Committee. Julie Bussiere moved to accept the minutes as presented. Seconded by Lorna Thompson. All in Favour.

Kay Ahmadi was not in attendance as such there was not treasurers report.

New business

Trish Martin provides report from CLC winter school on Psychologically healthy Workplaces. She stated that statistics are showing increased reporting because people are becoming more comfortable with seeking assistance for mental health and healthy workplaces over ask. Trish indicated that she was surprised to see how much in common we (PSAC) had with the LongShoreman Union. She stated that there were a lot of common issues and common themes between the two groups. Trish indicated also that statistics are still showing the neonatal health concerns affect women at a higher rate than men, It was also discussed how women treat other women in workplaces and how that impacts mental health as civility is not always practiced amongst women. Trish stated that overall the course was great and she is hoping to attend the second course that the CLC is preparing to do as of 2017.

The Committee then discussed the plan for the committee going forward. It was suggested that the committee wanted to get no more involved in community. Ideas that we suggested were to get a table or both at the Women's expo in 2017. We also spoke about volunteering for a women's shelter or a transition house. We indicated that because we are also already supporting some of these organizations the relationships are there to come and assist in a more hands on manner.

Trish and Lorna suggested setting up a table at the Langford swap and shop with proceeds to Trish speaks about ideas that we can do going forward. It was also suggested that we look into putting on a women's golf tournament. This was I indicated that we would like to do this in the fall of 2016 if possible. We would have an entrance fee that woudl also support women's community organizations.

Colleen suggested that as a social night we could get tickets to Western speedway. There was also discussion around continuing to do the Saanich fair and the Labour day picnic with the other PSAC Vancouver Island Committees.

Julie Bussiere lead a discussion around creating a terns of reference for the committee. It was indicated that the Vancouver Committee had just created and passed their terms of reference.

Julie also indicated that we needed to deal with the signing authority on the accounts,. At this time the only signatories are Kay and Virginia, so when either party are not in attendance at the meeting we are unable to reimburse expenses. IT was discussed that we need to have tights conversation when Kay is there so that we are able to set a time to go into the bank to change the signing authorities.

Seeing as there was no further business brought forward by the committee a motion to adjourn was made by Colleen Girard at 6:10 and seconded by Lorna Thompson. All in favour