

Vancouver Regional Women's Committee General Meeting

Wednesday 27th August 2025 @ 6pm - Hybrid

Attendance

Susanne Dier - (**Co-Chair**) - CEIU 20903- Chaired Meeting

Julie Kelly (**Secretary**) - CIU 20045

Kirsty Havard (Alternate Regional Executive Vice-President, B.C. Region) USJE 20091

Priscilla Lam (Women's Coordinator) UTE 20050

Laura Wildly (East Fraser Valley Coordinator) USJE 20017

Monique Bakker - UHEW 20147

Paula Gillis - USJE 20017

Tracy Zylyk - USJE 20011

Arielle-Chanel Niyonkuru - UVAE 20045

Elizabeth Joseph - CEIU 20964

Samia Hamwi - CEIU 20961

Sandra Barake - CEIU 20944

Natasha Slipec- CIU 20040

Lena Sterne - USJE 20015

Jennifer Horsley - UPCE 20095

Zoe Johnston - USJE 20011

Devin Bagri - DCL 22000

Melanie Dubeau - CEIU 20943

Kendy Michaloski - CIU 20045

Julie Diels-Nuefeld - Staff

Susie Blyth - Guest - CEIU 20964 (Retired)

Regrets:

Reena Birk - CIU 20040

Sharon Cowie (**Co-Chair**) - UTE 20027

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Meeting called to order at 6:05pm by Susanne who Chaired the meeting.

Introductions were conducted

Land acknowledgement was conducted by Susanne.

Agenda

1. Welcome & Introductions
2. Land Acknowledgement
3. Approval of Agenda
4. Approval of Previous Minutes (25th June)
5. Treasurer's Report*
6. Election of Treasurer
7. Old Business
 1. Update on Sisters in Spirit
 2. IWD Dinner Zita/Reena
 3. Nutritionist Presentation - Julie
8. Roundtable
9. Set date for next meeting
10. Adjourn

Approval of Agenda (M/S/C) Jen/Laura/Carried

Approval of previous minutes - 25th June 2025 (M/S/C) Julie/Monique/Carried

Note for 14th May meeting – Jennifer Horsley to be added to attendees.

Devin stated that she is a Delegate for the Women's Conference, since the date for delegates has passed and Susanne is going as the VRWC Delegate, the need for a new alternate is a mute point.

Treasurer's Report

This position is vacant, so no Treasurer's report was submitted.

Julie Diels-Nuefeld ran the election for the position of Treasurer.

Treasurer Position: Devin Bagri - Confirmed Nomination

Nominated by: Kirsty

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Seconded by: Laura

Devin acclaimed as Treasurer for the VRWC, Oath of Office taken.

Old Business

Report from Ruby on the Sisters In Spirit Event - **Julie to email to ask for a written report**

IWD Dinner - Reena/Zita - Kirsty said that it was a great event and is happy to help organize.
Kirsty to connect with Reena.

Nutritionist Presentation - : "Thriving Through Perimenopause + Menopause"

In this engaging and empowering presentation, Elise Cochran will guide attendees through the often-overlooked nutritional, lifestyle, and mindset strategies that can transform the perimenopause and menopause journey. Covering topics such as nutrient needs, blood sugar balance, gut health, and stress management, Elise offers a science-based yet approachable perspective. Participants will leave with practical tools to support energy, mood, sleep, and overall vitality—helping them navigate this life stage with confidence and resilience.

Julie will confirm a date in November and send the details to be posted on the PSAC website.

Monique gave a report on Surrey FushionFest as the Committee supported the event. It was a great turnout and very successful. They were able to connect with many members and had information on this Committee. Kirsty echoed that it was a fantastic event and great to meet with members.

Roundtable

Kirsty - Attended the BBQ by NDP Peter Julian. The Dental care that the NDP brought in has been used by 2 million Canadians. Kirsty is happy to attend with anyone wanting to lobby their MP.

Jen - Labour Day Event - Edmonds Park, 7433 Humphries Ave, Burnaby - Monday 1st September 11-2:30pm. If you want to help out email VAC - [**PSACBC-AC-Vancouver@psac-afpc.com**](mailto:PSACBC-AC-Vancouver@psac-afpc.com)

Julie Kelly- Labour Day Event - Mill Lake Park, 32960 Mill Lake Road, Abbotsford - Monday 1st September 11-3PM. [PSAC at the Fraser Valley Labour Day Celebration – PSAC British Columbia](#)

PumpkinFest - Save the Date - 18th October - 1-3PM - Aldor Acres Family Farm, Langley. Member engagement event, registration coming soon, for more details visit the PSACBC Events page - [Save the Date: Members Event at Aldor Acres Family Farm – PSAC British Columbia](#)

Julie Diels-Nuefeld - Staff Updates

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Fall schedule for Education is available on the website - [Course Listings – PSAC British Columbia](#)

All requests for donations to organisations need to be sent to the DASH committee (Regional Council - Donations, Awards, Subsidies and Honours), this is so that Committees can concentrate their budgets on member engagement events.

A question was asked regarding education being 'first come, first served' Julie DN will follow up. Jen stated that it has always been that way and if you really want a course to approach your PSAC Staff Rep.

Reminded all that if a member is going on LWOP that they complete the Membership in Good Standing Request Form. [Membership in Good Standing Request | Public Service Alliance of Canada](#)

Provided the link for the PSAC Life Insurance for members. Will provide clarification as to if it is valid for retired members. [Coughlin - Group life and critical illness insurance | Public Service Alliance of Canada](#) *Update – The insurance coverage ceases at the earlier termination of PSAC membership, your retirement or age 80.*

Priscilla - Thanked everyone that attended the summer events, encouraged all to take the education courses. Congratulations to Devin for stepping up into the role as Treasurer.

Next Meeting will include the vote of a delegate for the Tri-Annual Convention and for Resolution discussion. Please come with ideas for Resolutions to submit to the Convention. Kirsty suggested a resolution for PSAC to lobby the Government to continue funding Gender Equality ([Nearly All Federal Funds for Gender Equality Could Disappear in the Next Two Years](#))

Meeting adjourned at 19:35 **(M/S/C) Jennifer/Julie/Carried**

Next Meeting - Wednesday 15th October 2025 - 6pm - Hybrid