

Vancouver Regional Women's Committee General Meeting

Wednesday 15th October 2025 @ 6pm - Hybrid

Attendance

Sharon Cowie (**Co-Chair**) - UTE 20027 - Chaired Meeting

Julie Kelly (**Secretary**) - CIU 20045

Devin Bagri - (**Treasurer**) - DCL 22000

Kirsty Havard (Alternate Regional Executive Vice-President, B.C. Region) USJE 20091

Priscilla Lam (Women's Coordinator) UTE 20050

Laura Wildly (East Fraser Valley Coordinator) USJE 20017

Jennifer Horsley - UPCE 20095

Varsha Raj - USJE 20017

Erika Chemko - USJE 70093

Ruby Langan - Female Rep NIPC - UNE

Leila Jaakkola - CIU 20040

Zita Lambert - UTE 20007

Cherisse Saul - 20964

Jas Gill - CEIU 20903

Julie Diels-Neufeld - PSAC BC Staff

Regrets:

Reena Birk - CIU 20040

Susanne Dier - (**Co-Chair**) - CEIU 20903

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Meeting called to order at 6:10pm by Sharon who Chaired the meeting.

Introductions were conducted

Land acknowledgement was conducted by Sharon.

Agenda

1. Welcome & Introductions
2. Land Acknowledgement
3. Approval of Agenda
4. Approval of Previous Minutes (27 August 2025)
5. Treasurer's Report
6. Old Business
 1. Update on Sisters in Spirit
 2. IWD Dinner Zita/Reena
 3. 'Thriving through perimenopause & Menopause' Nutritionist Presentation - Julie
7. Election of Delegate and Alternate for PSAC BC Triennial Convention
8. Resolutions for Convention
9. Staff Updates
10. Roundtable/New Business
11. Set date for next meeting
12. Adjourn

Approval of Agenda (M/S/C) Kirsty/Leila/Carried

Approval of previous minutes - 27th August 2025 (M/S/C) Jen/Julie/Carried

Treasurer's Report

Devin has just taken this position over and now has signing authority.

Old Business

Report from Ruby on the Sisters In Spirit Event, again it was a very rewarding and well attended event.

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IWD Dinner – Reena/Zita/Kirsty are organising the event. Registration is up on the website. Event is November 2nd at Taverna Greka, New Westminster, Link to registration - [Vancouver Regional Women's Committee Dinner: Empowerment Through Solidarity – PSAC British Columbia](#)

Please advertise the event. Leila enquired as to if gift cards are acceptable for door prizes (If purchased by Component) Julie DN to research. Ruby will donate a door prize as well as Priscilla. Julie will put a poster up at Pumpkinfest to promote the event.

Nutritionist Presentation -: “Thriving Through Perimenopause + Menopause”

Event is being held virtually on November 5th. We have 51 registered so far. Link to registration - [Webinar evening with the Vancouver RWC: Thriving Through Perimenopause + Menopause – PSAC British Columbia](#)

Election of Delegate and Alternate for PSAC BC Triennial Convention

Julie Diels-Neufeld ran the election for Delegate.

Nominated – Julie Kelly – Accepted Nomination – Jen/ Laura

Nominated Sharon Cowie – Declined Nomination, Sharon gets a seat through Regional Council

Nominated – Zita Lambert – Accepted Nomination – Sharon/Cherisse

Both spoke to their nomination and a secret ballot took place.

Julie Kelly was elected Delegate for the PSAC BC Triennial Convention

Alternate Delegate

Nominated – Zita Lambert – Accepted Nomination – Sharon/Julie

Zita Lambert was acclaimed Alternate Delegate for the PSAC BC Triennial Convention

Resolutions for Convention

Priscilla – When submitting resolutions, it is important to mention the cost and what budget line it will be from. The Women's Conference is coming up, so resolutions may come from that.

Kirsty – Resolution for Disability Insurance Process

Jen – Support for Indigenous Businesses

The deadline for submitting resolutions is 20th February 2026. **These resolutions will be worked on and presented at the next meeting for voting.**

Staff Updates

Julie DN gave an update.

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WFA Sessions have begun, the 3 ½ sessions have taken place and there will be more in the Spring of 2026. There are still the 1-hour sessions that will be taking place, encouraged to register. Next one is October 29th 7-8pm.

Everyone is encouraged to sign up for the Fall Education courses. Education is an excellent way to engage members in Locals. The Spring 2026 Education is being planned, if there are courses you wish to see please get in touch with your Rep.

Course Listings – PSAC British Columbia

The Meet and Greet is happening this Friday and there will be a fun interactive passport activity for members to take part in. Feedback was given that events in different locations have been requested, Julie stated that they are looking for events in the Fraser Valley, Vancouver Island and Prince George. The suggestion made to Julie by members was that events not be held in a bar and be family friendly.

The staffing process at the Regional Office is still underway, the application process is closed, and it is moving onto the next phase. The Office is working towards being fully staffed to provide the support to Committees and Councils.

Roundtable

Priscilla - Attended the National Human Rights Meeting. Also, the CLC Winter School calendar is out and there is a Women in Leadership Course, details on the PSAC BC website.

- [2026 CLC Pacific Region Winter School: PSAC BC Education Subsidy and School Information – PSAC British Columbia](#)

There is also a Women's mentorship program under development, coming next year.

Kirsty - Confirmed that there is \$1,000 in the budget for the Women's Dinner and thanks to Zita and Reena for their help organising the event.

Ruby - Thanked the Committee for supporting the Indigenous Resolution.

Julie - The BRUSH committee has a webinar on Toxic Load - 22nd October - Link to Registration - [Join the BRUSH Committee for "The Toxic Truth: How everyday exposure impacts your health" – PSAC British Columbia](#)

Next Meeting will be the AGM and Resolutions for the Triennial.

Meeting adjourned at 19:42 **(M/S/C) Priscilla/Kirsty/Carried**

Next Meeting - Wednesday 4th February 2026 - 6pm - Hybrid