

Southern Interior Regional Women's Committee Meeting

Date: Oct 16, 2025

Time: 6:00 PM PDT

Location: Video Conference

Quorum met

ATTENDEES (LOCAL):

Executive:

Ashley-Rae Snape (UTE 20026) Co-chair
Carmen Theissen (CEIU 20914) Co-chair
Sarah MacIntosh (UTE 20026) Treasurer
Tamara Breitzkreitz (CEIU 20914) Secretary

Regional Rep:

Priscilla Lam (UTE 20050)

Members:

Kristen Perdriel (UVAE 20035)

PSAC Staff:

Julie Diels-Neufeld

Regrets:

Nadia Sokal (AGR 20043)
April Roberts (AGR 20043)

Call to Order:

- Carmen Theissen called the meeting to order at 6:01pm PDT

LAND ACKNOWLEDGMENT

- Carmen Theissen provided a thoughtful land acknowledgement and encouraged others to do the same.

ADOPTION OF AGENDA

Motion: Ashley-Rae Snape

Second: Sarah MacIntosh

Outcome: passed unanimously

ADOPTION OF PREVIOUS MEETING MINUTES FROM JUN 1, 2025 AND SEP 14, 2025

Motion: Ashley-Rae Snape

Second: Tamara Breitzkreitz

Outcome: passed unanimously

ELECTION FOR DELEGATE AND ALTERNATE DELEGATE FOR PSAC BC REGIONAL TRIENNIAL CONVENTION

First Call out for Delegate: Carmen Theissen nominated Tamara Breitzkreitz

Seconded: Ashley-Rae Sape

Tamara Breitzkreitz accepted nomination

First Call out for Delegate Ashley-Rae Snape nominated Carmen Theissen

Seconded: Sarah MacIntosh

Carmen Theissen declined nomination

First Call out for Delegate: Tamara Breitzkreitz nominated Sarah MacIntosh

Seconded: Carmen Theissen

Sarah Macintosh accepted nomination

Outcome: Tamara Breitzkreitz elected as delegate

Call out for First Alternate Delegate: Carmen Theissen nominated Sarah MacIntosh

Second: Ashley Rae Snape

Outcome: Sarah MacIntosh is acclaimed for First Alternate Delegate

Call out for Second Alternate Delegate: Tamara Breitzkreitz nominated Carmen Theissen

Second: Sarah MacIntosh

Outcome: Carmen Theissen is acclaimed for Second Alternate Delegate

Call out for Third Alternate Delegate: Sarah MacIntosh nominated Kristen Perdriel

Second: Carmen Theissen

Outcome: Kristen Perdriel is acclaimed for Third Alternate Delegate

PSAC STAFF UPDATE

Julie Diels-Neufeld shared that:

- the Fall education courses available.
- proposals are starting for Spring 2026 courses – reach out to your representatives to let them know what you want to see offered
- WFA sessions are being offered
- Sessions for Toxic Load and also Menopause / Perimenopause are being offered

ROUND TABLE

Sarah MacIntosh noted that she is attending the National Women's Committee and looking forward to connecting with other delegates who are attending.

Ashley-Rae Snape thanked the delegates for the upcoming Triennial Convention for letting their names stand.

Priscilla Lam shared information on:

- optimizing resolutions.
- 2026 Women's Leadership course, developed from the gender task force and women's forum in Feb 2025
- CLC (Canadian Labour Conference) is upcoming – there's a women's course
- Delegates to the National women's conference will be invited to discuss resolutions once the resolutions package is released

ADJOURNMENT:

Motion to adjourn: Tamara Breitreitz motioned to adjourn at 6:37pm

Second: Ashley-Rae Snape

Next AGM:

Jan 18, 2026 at 10AM PST